



Grace Lee conducting a life coaching session over the telephone.

Life Coaching:

“A Cup of Water for the Little Ones”

Written by Grace Lee,
Life Coach at AmazingGrace Coaching

August 1, 2006 was an important date that God had set aside for me. It was the date when I first received the information on Coach Training at Western Seminary from my pastor. It was also from that date onward that my career and ministries went through a monumental transformation.

I had been in the life coaching profession for some time when I was called to participate in Coach

Training at Western Seminary. Apart from running a coaching practice from home, I was also a coworker at the Restaurant Gospel Ministries, establishing a Coaching and Caring Ministry for the local Chinese restaurant communities by teaching English in restaurants to chefs and waiters. Within that same period of time at my church, I was also serving in Children’s Ministry as a Sunday School teacher for a mixed-age group. It was a time when God’s work began to unfold in

(continued on page 4)

Important Dates

- 10/10 Christian Therapist Fellowship;
12 pm in the Library
- 10/18 “FallFest” All-Campus Lunch;
12:30 pm in the Library
- 11/1 Financial Aid
Application Deadline
- 11/1-30 Spring Semester
Open Registration





VOL.3, ISSUE 5 ■ OCTOBER 2008

Attention MFT Students - CTF on October 10!

Once again, Western is sponsoring the Christian Therapist Fellowship here on campus on October 10th at 12pm in the library. The Fall CTF will be a training on Professional Wills, and a tribute to Cathy Miller. You will learn what you need to consider regarding a professional will and you will receive practical information that will help you in the event of an unplanned event that affects your practice. This training will be lead by Janelle Wilson, LMFT and Renée Brown, LMFT. Both are long standing members of the Christian therapy community and have had the experience of closing out Cathy Miller's practice. We will also have a time of tribute to Cathy Miller, where we will share our memories of Cathy and how she touched our lives. Lunch will be provided for \$5 or you can bring your own food. Please contact Dan Jackowitz at danj@westernseminary.edu if you are interested in attending.

“FallFest” All-Campus Lunch - October 18

Please come join the Western Seminary San Jose Community on Saturday, October 18th, for our all-campus lunch! If you have a morning class that day, stay a little longer, or if you have an afternoon class, come early, and enjoy a **FREE** lunch and good conversation with current Western students, faculty and staff. Our FallFest will be held from 12:30-1:15pm in the library. We look forward to seeing you there!

Serving Opportunity to Seniors

Do you have a heart for serving seniors? If so, there is a unique ministry opportunity in the

surrounding community of Western Seminary. The Terraces of Los Gatos (a retirement facility) holds a short 25-45 minute worship service each Sunday afternoon at 3:30 for the residents. Attendance is usually from 10-20. The usual format is two or three hymns and a short message. Someone is needed for the 2nd, 4th and 5th Sundays. This is a paid position. The pay is currently \$30 for each service. If you are interested, please call Chaplain Cox at 356-1006 x 103. The chaplain is in the office Mondays and Wednesdays. The Terraces of Los Gatos is located at 800 Blossom Hill Road.

**Reminder to Apply to Financial Aid -
Deadline is November 1st**

November 1st is the deadline for applications for Need-Based Financial Aid and Stafford Loans for the Spring (January) Term 2009. If you wish to apply for Need-Based Aid or a Stafford Loan for the first time (or if your Need-Based Aid or your Stafford Loan runs out at the end of the fall term), you can download the forms from the seminary website. Just click on “San Jose Campus,” then “Financial Aid,” and then scroll down until you come to the appropriate instructions and applications. Remember that you must file a 2008-2009 Free Application for Federal Financial Assistance (FAFSA) for both of these types of aid. (The instructions tell you how to complete the FAFSA on the web.)

If you are not sure if your Need-Based Aid or your Stafford Loan runs out this fall, contact Lynn Ruark, Financial Aid Director, at 503-517-1818 or lruark@westernseminary.edu.



COMMUNITY news



FUN FACTS

DENISE HADLEY, PROFESSOR FOR CNS 513 "SOCIAL AND CULTURAL ISSUES"



- I am an identical twin. My sister is an attorney.
- I like really hot (temperature) food and room temperature water.
- Scary movies give me nightmares.
- I collect shoes.
- I've been with CityTeam Ministries for over 20 years.
- I developed and launched one of only 2 residential recovery programs in Santa Clara County where a woman can keep her children with her (House of Grace).
- I am an American Leadership Forum Senior Fellow (class XIII).
- I've completed 4 marathons (Honolulu x2; Dublin & New Orleans) and 1 half marathon (San Jose).
- 2 of my 3 children are adopted.
- I have four sisters; every one of them as bold, daring, stubborn and accomplished as I am.
- I actually love the television show Frasier.

NEWS? PRAYERS?

If you have ministry or missions stories, photos, prayer requests or other information you would like to share in future issues of the "Western Wave," please email Lisa Mueller at lmuller@westernseminary.edu.

NEW JOB LISTINGS

If you're looking for a job, a ministry opportunity or an intern position, remember to check out the ministry/employment binders in the library, administrative office or the bulletin board in the student resource room.



all of my career and ministry areas.

During the twelve-month coach training, I witnessed the power of Christ-centered coaching turning around the lives of the people I walked with. Whether it be private coaching clients, or restaurant workers, or the youth and children I taught at Sunday School, I saw a depressed single mother rebuild her life; a discouraged and unemployed Hi-Tech manager take up a brand new teaching career; an addicted chef repented and quit gambling and smoking; a fearful terminal cancer patient gave up using drugs and accepted Christ; proud youth humbled, and shy children raised and gained self-esteem; sickness healed and bondage released in Christ's love by coaching, sharing the Gospel and prayer.

These life-changing experiences and testimonies took me to a new level of understanding what coaching was all about, because the focus and key was Jesus Christ. As Jane Creswell, our coaching instructor, explained in her book, "Christ-centered Coaching: 7 Benefits for Ministry Leaders" (Chalice Press, 2006), "Christian Coaching = Christ's Vision and Mission + Scriptural Principles + Christ's Presence + High Standard of Excellence as Trained Coach." In this equation, the art of life coaching is embraced within God's will and leading. It is a tool that is utilized by God to bless not only the people who sought coaching to resolve their issues and problems, but also the coach who dedicates effort in helping them.

Coaching mimics Jesus' interactions with people through deep connection and thought provoking questions. By listening, encouraging, creating awareness, and bringing about discoveries, the person being coached learns and forms new perspectives and behaviors, and is prompted to take action. The coach, as the facilitator and catalyst, learns to suspend judgment, clarifies intention, and focuses attention on leading the client to explore,

change, set and achieve goals. This process creates a safe environment for building trust within the coaching relationship, and invites the Holy Spirit's guidance to the client on life matters.



Grace praying with a client during a coaching session.

While walking with my clients in coaching, I have learned the most important aspect of being God's servant - humility. On this journey, I am always encouraged by the verse, Matthew 10:42: "If anyone gives even a cup of cold water to one of these little ones because he is my disciple, I tell you the truth, he will certainly not lose his reward." God reminds me that He is the one who ultimately initiates and fulfills all miracles and transformations in people's lives, while my job as a coach is to remain humble and retain a soft heart, rely on Him and

be willing and ready to generously give those cups of living water to the needy ones He has sent me forth to serve.



Grace Lee teaching English to chefs and waiters in a Chinese restaurant.

I encourage and challenge more of God's servants to explore Life Coaching. By acquiring and applying coaching skills in daily life and conversations with people, one would find a refreshing and revitalized approach to ministry work and relationships. It not only prepares and promotes us to walk closer with Jesus, it also makes our belief more significant and meaningful in our being and lifestyle.

To learn more about Coach Training at Western Seminary, go to www.westerncoaches.net.

COUNSELING CORNER

We recently purchased two books from PESI Publishing for Western Seminary's library in San Jose. They should be delivered and cataloged within a couple of weeks. For more psychology resources and seminars visit www.pesi.com.

Grief: Normal, Complicated, Traumatic, by Dr. Linda Schupp

- A holistic approach to understanding and treating normal, complicated and traumatic grief
- The most pertinent and grief related "nuggets" from different theoretical foundations
- Immediate applicability of physiological, psychological and therapeutic techniques

Assessing and Treating Trauma and PTSD, by Dr. Linda Schupp

- Provides assessment tools for various trauma-related criteria
- The most relevant trauma related techniques
- A practical eclectic approach to a variety of treatments

Internationally known author and speaker Dr. Linda Schupp has authored these two books based on her 40+ years of counseling, lecturing, speaking and living life. She has worked with the survivors of the Oklahoma City bombing, the Columbine High School shooting and other traumatic events. These books are designed to help enlarge your understanding of grief, trauma and PTSD, as well as provide you tools to help your clients to recover and heal from their experiences. These books get right to the heart of the matter so that you can implement the strategies presented quickly. A Test for Continuing Education is also included in this book.

Plan for your upcoming courses with the Wiley Psychology 2009 Catalog

John Wiley & Sons 2009 Psychology Catalog is now available online, containing their latest titles for your upcoming courses. Visit www.wiley.com/go/catalogs to access all of their up-to-date virtual catalogs!

COMPUTER FOR SALE

Former Seminary student with laptop for sale that includes BibleWorks 5.0. The computer is a Compaq Presario V2000. It was purchased in November 2005 but used rarely over the last 2 years. Still in good condition. It includes BibleWorks 5.0 (\$299 value) with the special Greek and Hebrew modules BDAG and HALOT (\$212 for combo). Also includes Microsoft Office 2005 (originally \$299). Below are more detailed specs of the computer. Price: \$550.

OPERATING SYSTEM: Windows XP Home

PROCESSOR: Intel Pentium M 710 -- 1.4 GHz

SCREEN: 14.0" WXGA Widescreen (not the BrightView)

MEMORY: 256 MB SDRAM (1x256)

HARD DRIVE: 40 GB 4200 rpm

CD DRIVE: DVD/CD-RW combo drive

BATTERY: 6-cell lithium ion

WIRELESS: Intel PRO/Wireless 2200BG WLAN (without Bluetooth).

Contact Jeff at jeffhinn@gmail.com

Recently Published Western Seminary Authors

Several of our Western Seminary professors, graduates and associates have recently had their work published. Many of these books can be found on www.amazon.com and other online bookstores. Congratulations to Jan Verbruggen, Randy Roberts, Bert Downs, Art Azurdia, Dennis Fuqua, Marc Cortez, Mark Driscoll, Gerry Breshears, Enoch Wan, Sadiri Joy Tira, and David Eckman. These publications extend the ministry of Western Seminary far beyond the offices and classrooms of our campuses, contributing to God's kingdom work through these writing ministries.

“Knowing the Heart of the Father: Four Experiences with God That Will Change Your Life,” by David Eckman. This book reveals the Father as the Central Person of the Trinity and the Focus Person of our Spiritual Life. It shows how to go from an information based Christianity to an experience based Christianity. The publisher is Harvest House. Besides Amazon and Barnes and Noble, it is also available on his website www.whatGodintended.com.

“Giving Ourselves to Prayer – an Acts 6:4 Primer for Ministry,” by Dan R. Crawford with articles from The book contains 80 chapters from 80 authors – including five Western professors and associates, Jan Verbruggen, Randy Roberts, Bert Downs, Art Azurdia and Dennis Fuqua!

The book has four parts. 1) The Theological Foundation of Prayer 2) The Personal Passion for Prayer 3) The Corporate Expression of Prayer and 4) The Global Impact of Prayer. Jan, Randy, Bert and Art contributed to the first section and Denis Fuqua contributed to the third section. It is hoped that the book will assist students, pastors, and ministry leaders to give themselves to prayer in a similar manner that they give themselves to the ministry of Word.

T & T Clark has just released **“Embodied Souls, Ensouled Bodies: An Exercise in Christological Anthropology and Its Significance for the Mind/Body Debate”** by Marc Cortez. This book is essentially Marc's Ph.D. dissertation which he wrote at the University of St. Andrews. It is an outstanding addition to T & T Clark's Studies in Systematic Theology.

Crossway Books has also just released **“Death by Love”** by Mark Driscoll and Gerry Breshears. This book is a study of Christ's atonement. Western alum Dan Jerrell writes, “Practical and powerful. It applies the sufficiency of Jesus to the real-life challenges we face in the church each and every day.”

“Missions in Action in the 21st Century” is another recently published book that is co-edited by Enoch Wan and Sadiri Joy Tira (a recent D.Miss. graduate). This is the first in a series of books on diaspora studies, an important area of study that is receiving growing attention in contemporary missiology.

In addition, Steve Korch, Charlie Self, Jeff Louie, and J. Carl Laney are other published writers at Western Seminary. Our coaching professors, Linda Miller, Jane Creswell and Chad Hall have also published books on life coaching, available in our San Jose library and on www.amazon.com.

LIBRARIAN'S CORNER

NEW STUDENTS

Our library is a little unusual in that it is currently self serve. When you want to check out a book just place the check out card (located at the back inside cover) in the basket on the Librarian's desk. It will get entered in our system. You may check books out for two weeks or request an extension if you need them longer. We have a drop box for returning books near the Librarian's desk. Our books are cataloged and online at www.westernseminary.edu/SanJose/index.htm. Click on the Library Resource link. Also, please note that many of our reference books are not entered in the online catalog system. You will need to browse the reference shelves to discover all that we have available.

RESERVES SECTION

We have a majority of the required textbooks for all of the classes for the Fall semester in our class reserves section, which is to the left of the copy machine in the library. These books are for library use only so they can be shared. This is a great option if your book order gets delayed or you just want to save on the expense of books.

EBSCOHOST SEARCH

We do not have a large collection of journals since we subscribe to EbscoHost. EbscoHost allows you online access to peer-reviewed journals for research papers. Please be sure to read up on the specific instructions, passwords and resources available in our library, which should be in your welcome packets from the Student Orientation night. If you need the Ebscohost website and password you may contact Dianne below. When searching for full text articles in the ATLA Religion database through EBSCOHOST, here is a way to get better full text results. Once in the ATLA Religion database: Near the top of that screen is a place to check **Full Text**. Enter your search term(s) in the **Find** box and **<Search>**. You should get a much higher percentage of full text articles than you would without checking that box.

BIBLE WORDS AND PRONUNCIATION GUIDE

You might find this resource helpful. You can search by Naves Topical Bible or Hitchcock's Bible Names Dictionary at <http://www.netministries.org/Bbasics/BBwords.htm>.

JOURNALS

We have ongoing subscriptions to the following journals: American Heritage, Christian History and Biography, Christianity Today, Discipleship Journal, and Journal of Christian Coaches. Look for them in the magazine stand in the library.

For more information, please contact our Librarian:

DIANNE BRYSON

EMAIL brysondi@yahoo.com PHONE 408.356.6889 x410